

"Effects of Neuromuscular Reeducation Versus Post Facilitation Stretch Technique for Upper Cross Syndrome Among IT Professionals

NCT06648070

Status	RECRUITING
Phase	Not Applicable
Sponsor	Foundation University Islamabad
Enrollment	44 participants

Key Eligibility Criteria

Inclusion (6)

- IT professionals
- years
- Both genders
- Diagnosed UCS
- Pain from 2 months
- ... and 1 more (see full listing online)

Exclusion (3)

- History of cervical spine
- Fracture
- Trauma to neck

Locations (1 total)

Foundation University College of Physical Therapy, Rawalpindi, Punjab Province, Pakistan