

# Study on Topping-off Technique for Treating LDD

NCT06650046

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Qianfoshan Hospital
<b>Enrollment</b>	100 participants

## Key Eligibility Criteria

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### Inclusion (4)

- The patient's clinical manifestations, physical examination, and imaging data all support the diagnosis of degenerative lumbar spondylosis.
- Those who have undergone strict and formal conservative treatment for at least 3 months before surgery and have no significant improvement in symptoms.
- Preoperative imaging examination showed L4-5 and L5-S1 responsible segment protrusion or protrusion leading to segment stenosis.
- Surgeries are performed by the same chief surgeon.

### Exclusion (4)

- Lumbar instability, lumbar spondylolisthesis above grade II.
- Patients with severe osteoporosis, tuberculosis, or tumors.
- Systemic diseases that affect surgical treatment and medication, such as heart disease, liver disease, and kidney disease.
- Patients with mental illness, poor compliance, and inability to cooperate in completing follow-up.

## Locations (1 total)

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The First Affiliated Hospital of Shandong First Medical University, Jinan, Shandong, China