

Guatemala Biofortified Maize Study

NCT06650397

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Colorado, Denver
Enrollment	56 participants

Key Eligibility Criteria

Inclusion (3)

- years old school children (male and female sex)
- BMI between 10-85%tile
- Typically eat homemade tortillas at each meal every day

Exclusion (3)

- Taking iron or zinc supplements
- Hemoglobin less than 12.9 g/dl for children 10-11 yrs old and less than 13.4 g/dl for children 12-14 yrs old (Per the WHO's 2024 publication hemoglobin cut-offs for identifying anemia are 5-11 yrs: less than 11.5 g/dl; 12-14 yrs: less than 12.0 g/dl. To adjust for the elevation of Tecpán at 2254 m, 1.4 g/dl is added to the cut-off point.)
- Girls who are having a menstrual period during the metabolic studies

Locations (1 total)

Institute of Nutrition of Central America and Panama, Guatemala City, Departamento de Guatemala, Guatemala