

Desarda Tissue Technique vs Lichtenstein Technique for Primary Inguinal Hernia Repair

NCT06650878

Status	RECRUITING
Phase	Not Applicable
Sponsor	Consorti Sanitari de l'Alt Penedès i Garraf
Enrollment	478 participants

Key Eligibility Criteria

Inclusion (4)

- Diagnosed with primary inguinal hernia.
- Body mass index below 31
- Indication for inguinal hernia repair via anterior approach, either as outpatient surgery (CMA) or elective admission.
- Legal capacity to provide informed consent.

Exclusion (6)

- Patients with a weak, thin, or divided external oblique aponeurosis.
- Participants diagnosed with any of the following conditions:
 - Ongoing oncological disease
 - Cirrhotic patients classified as Child B or higher
 - Women who have previously undergone a cesarean section
- ... and 1 more (see full listing online)

Locations (1 total)

CSAPG, Sant Pere de Ribes, Barcelona, Spain