

Effects of Delayed School Start Times on Sleep, Mental Health, and Academic Performance Among Norwegian Adolescents

NCT06657482

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Bergen
Enrollment	200 participants

Key Eligibility Criteria

Inclusion (1)

- 11th year high school students at study preparatory program of participating schools

Exclusion (1)

- Parent consent not obtained/documented for participants under 16 years

Locations (1 total)

University of Bergen, Bergen, Vestland, Norway