

# Biomodulation and Rehabilitation Interventions to TarGet Pelvic Health

NCT06660212

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Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Ottawa
Enrollment	240 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Willing to travel to Ottawa area or Quebec City area
- Biologically born female older than eighteen years
- Pre-menopausal
- Not currently pregnant or pregnancy/given birth in the past six months
- Experiencing signs and symptoms consistent with provoked vestibulodynia alone or provoked vestibulodynia plus vaginismus

### Exclusion (2)

- gynaecologist cannot insert a single digit intravaginally and thus the participant would be unlikely able to tolerate the assessment procedures
- other gynaecologic conditions such as lichen sclerosus, fissures, endometriosis, adenomyosis, or pelvic organ prolapse

## Locations (2 total)

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Motor Function Measurement Lab, Ottawa, Ontario, Canada  
Bernard Lab, Québec, Quebec, Canada