

# Effectiveness and Safety of Milk Ladders in Children with IgE-Mediated Cow's Milk Protein Allergy

NCT06664918

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Medical University of Warsaw
Enrollment	92 participants

## Key Eligibility Criteria

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### Inclusion (8)

- Age between 1 and 5 years.
- Diagnosis of IgE-mediated CMPA confirmed according to ESPGHAN guidelines, by a positive OFC with CMPs. In high-risk children (i.e., with a history of anaphylaxis), diagnosis based on positive skin prick testing and/or elevated specific IgE to CMPs is sufficient.
- On a therapeutic elimination diet for at least 6 months or up to 12 months of age.12
- Eligible regardless of the risk of systemic reaction (anaphylaxis) and asthma.
- Good overall health status.

... and 3 more (see full listing online)

### Exclusion (8)

- Uncontrolled asthma, defined as the presence of shortness of breath, chest tightness, cough, and/or auscultatory changes despite treatment.
- Signs of exacerbation of a chronic disease.
- Signs of acute infectious disease (i.e., acute runny nose, cough, subfebrile fever, or fever).
- Signs of exacerbation of another allergic disease (i.e., conjunctivitis, allergic rhinitis, atopic dermatitis).
- Anaphylaxis due to CMPs in the last 6 months.

... and 3 more (see full listing online)

## Locations (2 total)

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Medical University od Warsaw, Department od Pediatrics, Warsaw, Poland  
Medical University od Warsaw, Warsaw, Poland