

Irritable Bowel Syndrome and Control Volunteers: Diet Challenge

NCT06668922

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of California, Los Angeles
Enrollment	72 participants

Key Eligibility Criteria

Inclusion (4)

- Age 18-75
- Individuals with irritable bowel syndrome (IBS)
- Healthy volunteers (healthy controls) with no prior history of gastrointestinal (GI) disease or symptoms
- No dietary restrictions other than vegetarian

Exclusion (10)

- Inflammatory bowel disease, celiac disease, or certain types of abdominal cancer, as well as those with thyroid or liver issues
- Abdominal surgery or abdominal radiation within 6 months of study participation, with an exception for C-section or gallbladder removal
- Use of any prescription, over the counter, or herbal medications known to affect gastrointestinal function or study interpretation, such as opioids, inflammatory drugs or certain antidepressants, within 6 months prior to study participation for healthy volunteers, or within 2 days of study participation for participants with IBS.
- An exception will be permitted for limited use of stable low doses of antidepressants for individuals who have been taking them for a period greater than one month.
- Rescue medication such as Bisacodyl (dulcolax) to relieve severe constipation and allow for stool collection will be permitted when needed.

... and 5 more (see full listing online)

Locations (1 total)

University of California, Los Angeles, Los Angeles, California, United States