

Influencing a Vegan Diet and the Intake of Dietary Supplements During Pregnancy and Childhood

NCT06669819

Status RECRUITING
Sponsor Wolfgang Huber-Schneider
Enrollment 1,000 participants

Key Eligibility Criteria

Inclusion (9)

- A. For vegans:
 - Females/gender-diverse participants (ages 18 and over) who follow/followed a vegan diet during their pregnancy/pregnancies (If there is/was more than one pregnancy, at least during one of their pregnancies)
 - Parents (females/males/gender-diverse - ages 18 and over) who feed/fed their child/children (If there is more than one child, at least one of them) a vegan diet within the age of 0-5 years
 - Vegan mothers/gender-diverse participants (ages 18 and over) who breastfeed/breastfed their infant(s)/child(ren). Answering questions regarding their infant(s)/child(ren) up to an age of 5 years will be included
 - Pregnant and breastfeeding women/gender diverse participants/parents (f/m/d) who make rare exceptions to their vegan diet and a vegan diet of their child(ren) - up to an age of 5 years. Inclusion in the survey depends on the frequency of exceptions ' determined through questions/given answers within the survey. Participants that consume animal products maximum twice a month will be included - hence participants who do not make vegetarian or pescetarian exceptions more than twice a month will be included 5. Confirmation of the consent form and participant information (online - addressing the subjects, purpose and process of the study, opportunities for discussion of further questions, duration of the questionnaire, who is conducting the study, possibility for further inquiries)
- ... and 4 more (see full listing online)

Exclusion (4)

- A. For vegans:
- Females/gender-diverse participants who change/changed their vegan diet (eat/ate a vegetarian or omnivorous diet) during their pregnancy/pregnancies
- Parents who do not feed/have never fed their children a vegan diet at least up to an age of 5 years (If vegan mothers followed a vegan diet during their pregnancy, exclusion only relates to questions concerning their children)
- All participants have to understand the German language in order to answer the questionnaire.

Locations (1 total)

University of Vienna - Department of Nutritional Sciences, Vienna, Austria, Austria

<https://clinicaltrials.gov/study/NCT06669819>

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