

Detour: a Smartphone Game to Help Youth Quit Smoking

NCT06675526

Status	RECRUITING
Phase	Not Applicable
Sponsor	Behavioural Science Institute
Enrollment	604 participants

Key Eligibility Criteria

Inclusion (4)

- aged 16 to 25 years
- smokes at least weekly
- motivated to quit smoking (participants should answer "misschien", "waarschijnlijk" or "heel erg" to the question are you motivated to quit smoking at this specific moment?).
- installed Detour application; only applicable for participants assigned to the game intervention group.

Exclusion (3)

- younger than 16 or older than 25
- smoke less than once a week
- not motivated to quit smoking are not eligible for this study i.e. participants who answered "helemaal niet"/"not at all") or "onwaarschijnlijk"/"unlikely" to the question are you motivated to quit smoking at this specific moment?).

Locations (1 total)

Radboud University, Nijmegen, Gelderland, Netherlands