

A Randomized Crossover Trial of Bright Light Therapy in Irritable Bowel Syndrome

NCT06676488

Status	RECRUITING
Phase	Not Applicable
Sponsor	Medical University of South Carolina
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (3)

- years old
- Irritable Bowel Syndrome based on Rome IV diagnostic criteria
- Mild to severe IBS symptom severity based on IBS-SSS greater than or equal to 75 17.

Exclusion (9)

- Subject that are pregnant or plan to become pregnant.
- Night shift workers or people who have crossed more than 2 time zones in the previous 4 weeks.
- Regular use of medications that affect intestinal permeability, and/or endogenous melatonin including metoclopramide, NSAIDs, beta blockers, antibiotics, psychotropic medications, hypnotics and exogenous melatonin products during 4 weeks prior to the study.
- Any major organ disease - known renal impairment, diabetes, liver disease, or significant cardiac failure (NY classification stage III/IV), inflammatory bowel disease or celiac disease per chart review and/or medical history.
- Diagnosis of narrow angle glaucoma or retinal disorders or demonstrated symptoms indicative of these diagnosis during the eligibility screening.
- ... and 4 more (see full listing online)

Locations (1 total)

Medical University of South Carolina, Charleston, South Carolina, United States