

# Evaluation of Low and High Nicotine Tobacco Free Nicotine Pouches

NCT06678789

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Medical University of South Carolina
<b>Enrollment</b>	50 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Age 21+
- current cigarette smoking (25+ days per previous month, 5 or more cigarettes/day, for greater than 1yr, greater than 100 lifetime cigarettes)
- have not used TNFPs more than 5 times during their lifetime
- willing and able to attend 2 in-person visits in Charleston (to assess biomarkers)
- have internet access

### Exclusion (5)

- Lack of proficiency in English.
- Use of other combustible tobacco products (i.e., cigars, cigarillos, hookahs) and/or other non-combusted nicotine/tobacco products (i.e., e-cigarettes, smokeless tobacco) in the past 30 days.
- Current use of smoking cessation medications (i.e., varenicline, bupropion, nicotine replacement therapy).
- Use of marijuana within the past month, and unwillingness to abstain from marijuana during course of study.
- Medical conditions contraindicated to NRT use (including pregnancy, breastfeeding, and nursing, past month myocardial infarction, current untreated cardiac arrhythmia, current severe angina, current uncontrolled severe vascular disease).

## Locations (1 total)

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Medical University of South Carolina, Charleston, South Carolina, United States