

# The Role of Nutrition in Muscle Function of Bariatric Surgery Patients

NCT06680492

---

**Status** RECRUITING  
**Sponsor** Concordia University, Montreal  
**Enrollment** 75 participants

## Key Eligibility Criteria

---

### Inclusion (5)

- Male and female
- Aged 18 to 65 years old
- Undergoing first bariatric surgery (any type)
- Diabetics and non-diabetics
- Non-smokers and non-cannabis consumers

### Exclusion (6)

- Pregnant and breastfeeding women
  - Individuals undergoing second bariatric surgery
  - Regular smokers and cannabis consumers
  - Current use of Ozempic (or Ozempic-like medication) and anti-psychotic meds
  - Limited physical mobility (using walking aids such as canes, walkers, or wheelchairs) and issues with hand resistance
- ... and 1 more (see full listing online)

## Locations (1 total)

---

Montreal General Hospital (MUHC), Montreal, Quebec, Canada