

Novel Pilot Study to Treat Symptoms of IBS With Diarrhea Using Combination Therapy of a Low-FODMAP Diet and a Neuromodulator

NCT06684470

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| Status | RECRUITING |
| Phase | Early Phase 1 |
| Sponsor | Mayo Clinic |
| Enrollment | 20 participants |

Key Eligibility Criteria

Inclusion (5)

- Adults (ages 18-70)
- Score of ≥ 175 on the IBS-SSS questionnaire
- Must meet Rome IV criteria for IBS-D
- If subject is of reproductive capability a negative urine pregnancy test must be available prior to entering the study
- Ability to understand study procedures and to comply with them for the entire length of the study

Exclusion (9)

- Score of < 175 on the IBS-SSS
- Prior diagnoses of: known celiac disease, small intestinal bacterial overgrowth, inflammatory bowel disease, or microscopic colitis
- Ongoing significant anxiety or depression
- A history of a known side effect to mirtazapine
- Prior treatment with a low FODMAP diet or mirtazapine without clinical benefit
- ... and 4 more (see full listing online)

Locations (1 total)

Mayo Clinic, Jacksonville, Florida, United States