

# Effects of IASTM and Kinesiotaping in Plantar Fasciitis

NCT06686706

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Riphah International University
<b>Enrollment</b>	38 participants

## Key Eligibility Criteria

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### Inclusion (6)

- Both genders
  - Age Range of 20-40 years
  - Standing > 8 hours a day
  - Positive Windlass test
  - Patients who experience pain on medial tuberosity of the calcaneus on palpation.
- ... and 1 more (see full listing online)

### Exclusion (4)

- History of ankle or foot surgery
- Patients with inflammatory conditions like cancer, rheumatoid arthritis, ankle and foot bursitis.
- Foot related complications after fracture
- Patients receiving corticosteroid injections

## Locations (1 total)

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Bahria Active, Rawalpindi, Punjab Province, Pakistan