

Effects of KT and Scapular Stabilization Exercises.

NCT06688214

Status	RECRUITING
Phase	Not Applicable
Sponsor	Sehat Medical Complex
Enrollment	34 participants

Key Eligibility Criteria

Inclusion (2)

- Participants with age between 18 to 55 years. Participants with pain on the anterolateral side of the shoulder for e3 months. Participants diagnosed with e3 positive clinical signs of SIS, such as the Neer or Hawkins-Kennedy test, a painful arc by a sports physical therapist.
- Mild or Moderate pain on resisted external rotation, or the Empty Can test.

Exclusion (2)

- Diagnosis of cervical radiculopathy. Participants with osteoarthritis in the acromioclavicular or glenohumeral joint.
- Calcific tendinitis, adhesive capsulitis, glenohumeral instability or a partial or full-thickness rotator cuff tear, clinical history of acute trauma, previous surgery or previous fracture in the affected shoulder. Corticosteroid injection into the shoulder joint in the previous 12 months.

Locations (1 total)

Riphah International University, Lahore, Punjab Province, Pakistan