

At-the-Breast vs. Expressed Human Milk: Genesis of Infant Nutrition (BEGIN)

NCT06691932

Status RECRUITING
Sponsor University of Rochester
Enrollment 240 participants

Key Eligibility Criteria

Inclusion (8)

- Lactating mothers between 20-40 years old at enrollment
- o 120 mother/infant dyads who primarily feed HM ATB (average $\geq 75\%$ of feeds, pumping no more than one time per day)
- o 120 mother/infant dyads who predominantly feed expressed HM (average $\geq 75\%$ of feeds)
- All races and ethnicities may enroll
- ... and 3 more (see full listing online)

Exclusion (3)

- Non-English-speaking subjects as study personnel only speak English
- Lactating moms who will be feeding both ATB and expressed HM (over 25% of the time in either feeding mode)
- Infant supplementation with formula ≤ 10 oz before sample collections begin, and/or no more than 16 oz during active participation/sample collections.

Locations (1 total)

University of Rochester Medical Center, Rochester, New York, United States

<https://clinicaltrials.gov/study/NCT06691932>

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