

Effects of a Second-generation Mindfulness-based Intervention on Quality of Life, Pain Management, and Psycho-spiritual Wellbeing in Cancer Patients: A Randomised Controlled Trial

NCT06695234

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Derby
Enrollment	200 participants

Key Eligibility Criteria

Inclusion (3)

- Participants must be over the age of 18 and have received a cancer diagnosis, including any recurrences, within the last 24 months. Eligible diagnoses can range up to, but not exceed, stage 3 cancer at the start of the study.
- Participants to be available to attend weekly 2-hour sessions for 8 weeks
- Due to the nature of the online course, participants must have access to the Internet and use an electronic device capable of joining a video conference.

Exclusion (2)

- Those with a palliative diagnosis
- Those who may not speak English fluently.

Locations (1 total)

University of Derby, Derby, Derbyshire, United Kingdom