

Food Typologies and Multidimensional Phenotyping of Elderly in Auvergne-Rhône-Alpes (Part'AGE)

NCT06695780

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| Status | RECRUITING |
| Sponsor | Institut National de Recherche pour l'Agriculture, l'Alimentation et l'Environnement |
| Enrollment | 1,000 participants |

Key Eligibility Criteria

Inclusion (8)

- Male or female (balanced sex ratio or at least 40% male to 60% female) in complete autonomy at home.
- to 75 years old, including the limits
- BMI ≤ 35 kg/m²
- Available to carry out the entire protocol, including self-sampling (not sensitive to the sight of one's own blood for example) and agreeing to stop taking food supplements during the study.
- Having a scale available: at home, pharmacy, family, etc.

... and 3 more (see full listing online)

Exclusion (14)

- Weight loss $\geq 5\%$ in 1 month or $\geq 10\%$ in 6 months or $\geq 10\%$ compared to usual weight
- Treated diabetes
- Sub-acute pathology (flu, gastroenteritis, bacterial infection, etc.) or trauma (fracture, surgical intervention, etc.) in the 30 days prior to inclusion.
- Hepatocellular insufficiency,
- Heart failure with decompensation,

... and 9 more (see full listing online)

Locations (2 total)

ICADOM, Meylan, Isere, France
Centre de Recherche en Nutrition Humaine Rhône-Alpes, Pierre-Bénite, Rhone, France

<https://clinicaltrials.gov/study/NCT06695780>

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