

Mobile Applications for Exercise Adherence and Hand Function in Chronic Stroke.

NCT06696885

Status	RECRUITING
Phase	Not Applicable
Sponsor	Riphah International University
Enrollment	32 participants

Key Eligibility Criteria

Inclusion (7)

- Male and female patients age 30 to 75 years were included.
- Chronic stroke patients ranging from 6 months to 2 years (41).
- Participants having a stroke severity score ≥ 6 on National Institute of Health Stroke Scale (NIHSS) (42).
- Modified Ashworth scale score ≥ 3 of the affected upper extremity (44).
- Montreal Cognitive Assessment (MoCA) score ≥ 26 (45).

... and 2 more (see full listing online)

Exclusion (4)

- Participants who show the symptoms of global or receptive aphasia.
- Participants who have medical problems or co-morbidities that interdict their participation in the study (such as shoulder pain in the paretic limb).
- Patients with severe apraxia, somatosensory problems.
- Severe spasticity of the affected wrist and finger flexors.

Locations (1 total)

Riphah International University, Lahore, Punjab Province, Pakistan