

Additional Effects of Dry Needling With Conventional Physical Therapy Versus Conventional Physical Therapy in Plantar Fasciitis: a Randomized Control Trial

NCT06706531

Status	RECRUITING
Phase	Not Applicable
Sponsor	Foundation University Islamabad
Enrollment	44 participants

Key Eligibility Criteria

Inclusion (13)

- Age 40-60 years
- Both genders
- Plantar heel pain for longer than 3 months
- Pain score at least or less than 8 on the numeric pain (NPRS)
- Clinical diagnosis of unilateral PF in accordance with the clinical practice guidelines from the Orthopaedic Section of the American Physical Therapy Association APTA:
... and 8 more (see full listing online)

Exclusion (6)

- Positive ankle drawer tests
- Pregnant womwn, mental illness, immune suppressed patients, thrombocytopenia, anti-coagulant therapy patients and post-mastectomy
- Congenital abnormalities of foot
- A history of surgery to the ankle, foot or lower leg
- Other causes of heel pain (including tarsal tunnel syndrome, calcaneal fracture, ankle or foot instability, arthritis of the foot or ankle, rheumatoid arthritis, spondyloarthropathy, gout,peripheral neuropathy)
... and 1 more (see full listing online)

Locations (1 total)

Foundation University College of Physical Therapy, Rawalpindi, Punjab Province, Pakistan