

Comparison of Cervical Retraction Exercise and Facet Oscillatory Mobilization in Chronic Mechanical Neck Pain

NCT06707870

Status	RECRUITING
Phase	Not Applicable
Sponsor	Riphah International University
Enrollment	32 participants

Key Eligibility Criteria

Inclusion (10)

- Participants falling in this category would be recruited into the study.
- Participants were patients with a complaint of Chronic Mechanical neck pain (> 6 weeks).
- Neck Disability Index (NDI) score > 16%
- Age between 35-50 years, Both Male and Female
- NPRS score >3-6.

... and 5 more (see full listing online)

Exclusion (6)

- Participant failing to fall in this category would be excluded of the study.
- Cervical radiculopathy
- Cervical canal stenosis
- Severe neurological disorder
- Previous cervical surgery

... and 1 more (see full listing online)

Locations (1 total)

Khyber Teaching hospital, Peshawar, KPK, Pakistan