

Personalized Training for People With Rare Neuromuscular Disorders

NCT06708468

Status	RECRUITING
Phase	Not Applicable
Sponsor	Oslo University Hospital
Enrollment	120 participants

Key Eligibility Criteria

Inclusion (7)

- A confirmed diagnosis of either FSHD, DM1 or CMT
 - years of age at the time of signing the informed consent.
 - Any gender
 - Ability to stand, rise from a chair and walk at least 10 meters with or without any need of assistive devices
 - Indication for rehabilitation as confirmed by the treating neurologist or physiotherapist
- ... and 2 more (see full listing online)

Exclusion (4)

- Pregnancy or planning to become pregnant
- Any other neurological or non-neurological disorders affecting physical capacity, such as disabling arthritis, severe heart-failure/cardiomyopathy, on-going cancer treatment
- Alcohol or drug abuse as per their medical chart
- History of non-compliance to medical advice/follow-up

Locations (5 total)

Haukeland University Hospital, Bergen, Norway
Helse Møre and Romsdal HF (Molde Hospital), Molde, Norway
Namsos Hospital, Namsos, Norway
... and 2 more locations