

Fusion or Not - a Study on Low Back Pain

NCT06709391

Status	RECRUITING
Phase	Not Applicable
Sponsor	Uppsala University
Enrollment	90 participants

Key Eligibility Criteria

Inclusion (10)

- Axial, mechanical, stabbing pain localized to the lower lumbar spine, persisting for at least 12 months, in which non-surgical treatments have been unsuccessful
- A perceived improvement of back muscle strength after structured physical exercise, but severe, quality-of-life-reducing pain persists
- No symptoms or clinical signs of radiculopathy or neurogenic claudication (spinal stenosis)
- Numeric rating scale back pain of at least 5 (on a 0-10 (worst) scale)
- Oswestry Disability index of at least 35 (on a 0-100 (worst) scale)

... and 5 more (see full listing online)

Exclusion (11)

- Inability to give informed consent
- Unable to understand Swedish
- Unable to attend follow-up visits
- Severe osteoporosis making the patient unfit for surgery
- Severe cardiovascular, pulmonary or other chronic disease making the patient unfit for surgery

... and 6 more (see full listing online)

Locations (4 total)

Sahlgrenska university hospital, Gothenburg, Sweden

Ryggkirurgiskt centrum, Stockholm, Sweden

Uppsala University, Uppsala, Sweden

... and 1 more locations