

# SLEEPINESS - a Search for a Biomarker of Excessive Daytime Sleepiness in Severe Obstructive Sleep Apnoea - An Explorative Study

NCT06711159

---

**Status** RECRUITING  
**Sponsor** Zealand University Hospital  
**Enrollment** 15 participants

## Key Eligibility Criteria

---

### Inclusion (3)

- Age ≥18 years
- Subjects must be diagnosed with Severe Obstructive Sleep Apnea (AHI > 30) and have not yet started any form of PAP (positive airway pressure) treatment.
- ESS score must be above 10 at the time of inclusion.

### Exclusion (15)

- Known severe neurological or psychiatric diseases.
- Known congestive heart failure, chronic renal failure, liver failure, malignancy, severe pulmonary disease.
- Considerable use of alcohol.
- Medication judged by investigator to influence sleep/wake regulation to such a degree that data quality will be compromised.
- Has cochlear implants.

... and 10 more (see full listing online)

## Locations (1 total)

---

Zealand University Hospital, Koege, Regional Zealand, Denmark