

Advancing Water Security: A Community Participatory School-Based Hydration Intervention

NCT06714929

Status	RECRUITING
Phase	Not Applicable
Sponsor	Virginia Commonwealth University
Enrollment	7,200 participants

Key Eligibility Criteria

Inclusion (4)

- Lunchroom observations: All students (K-5th \[Pre-Kindergarten if applicable\]) who eat lunch in the cafeteria on assessment days are eligible
- BMI and dental caries assessments: 1) student enrolls in study while in 3rd grade (followed through 5th g)
- Student surveys: Students in 4th-5th grade are eligible to complete surveys assessing beverage intake and perceptions of hydration practices within their school district.
- Staff surveys: All staff in the target schools will be eligible to complete the Personnel Survey.

Exclusion (4)

- Lunchroom observations: None.
- BMI and dental caries assessments: Students are ineligible if they are unable to complete assessments due to developmental or physical reasons, 2) planning to move in the study duration
- Student surveys: None.
- Staff surveys: None.

Locations (1 total)

Children's Hospital of Richmond at VCU Healthy Lifestyles Center, Henrico, Virginia, United States