

# Confirming the Effects of Acupuncture Treatments to Relieve Symptoms of Gulf War Illness

NCT06716411

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Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Utah
Enrollment	200 participants

## Key Eligibility Criteria

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### Inclusion (3)

- Deployed to the Gulf Theater of operations (as defined by 38 CFR 3.317, includes Iraq, Kuwait, Saudi Arabia, Bahrain, Qatar, the United Arab Emirates, Oman, the Gulf of Aden, the Gulf of Oman, the Persian Gulf, the Arabian Sea, the Red Sea, and the airspace above all of these locations) between August 1990 and the present date
- Have at least 2 of the following symptoms from the 3 CDC clusters of symptom that have lasted for more than 6 months. Each symptom cluster must be characterized as mild-moderate or severe, with at least one symptom in each cluster required to be severe. The clusters are:
  - A. Fatigability: fatigue 24 hours or more after exertion
  - B. Mood and Cognition: feeling depressed; feeling irritable; difficulty thinking or concentrating; feeling worried, tense, anxious; problems finding words; or problems getting to sleep
  - C. Musculoskeletal: joint pain or muscle pain

### Exclusion (4)

- Currently enrolled in another clinical trial
- Have another disease that likely could account for the symptoms, as determined by our Medical Monitor
- Severe psychiatric illness (in the last 2 years psychiatric hospitalization, suicidal attempt, alcohol or substance abuse, use of antipsychotic medication) as measured by the Primary Care Evaluation of Mental Disorder (Prime MD).
- Unable to complete the protocol on based on the evaluation of the Medical Monitor.

## Locations (10 total)

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University of California, Berkeley, Berkeley, California, United States  
Various, Los Angeles, California, United States  
Various, Colorado Springs, Colorado, United States  
... and 7 more locations