

# Investigating Exercise in Myotonic Dystrophy Type 2 (DM2)

NCT06716931

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Massachusetts General Hospital
<b>Enrollment</b>	24 participants

## Key Eligibility Criteria

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### Inclusion (4)

- Patients with genetically confirmed myotonic dystrophy 2 (DM2) who are e18 and d 70 years old.
- Patients are ambulatory without need of any assistance or device.
- Patients have a normal ECG within the 3 months prior to Screening visit (of note, patients with DM2 are recommended to have routine ECG as part of patient care. So, this ECG will be done as part of patient care).
- Body mass index (BMI) e20 and d30.

### Exclusion (8)

- Subjects younger than 18 years old or older than 70 years old.
- Inability or unwillingness of the subject to give written informed consent.
- Subjects with pacemaker.
- Blood pressure  $\lt 90/50$  mmHg or  $\gt 160/90$  mmHg at Screening visit
- Resting heart rate of  $\lt 60$  or  $\gt 100$  beats/minute at Screening visit.
- ... and 3 more (see full listing online)

## Locations (1 total)

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Neuromuscular Diagnostic Center. Massachusetts General Hospital, Boston, Massachusetts, United States