

CHIME: Comparing Health Interventions for Maternal Equity

NCT06724172

Status	RECRUITING
Phase	Not Applicable
Sponsor	Stanford University
Enrollment	795 participants

Key Eligibility Criteria

Inclusion (9)

- Maternal age 18 years or older
 - Maternal gestational age \geq 20 weeks with viable singleton pregnancy documented on first trimester ultrasound with an intention to continue pregnancy to term
 - Plans to continue receiving antenatal care at the recruitment site/network
 - Maternal characteristics include at least one of the following:
 - Self identifies as Black/African American
- ... and 4 more (see full listing online)

Exclusion (6)

- Age $<$ 18 years at baseline because of unique developmental differences of adolescents and regulations regarding age of consent
 - Underweight (BMI $<$ 18 kg/m²) at pre-pregnancy period
 - Underlying disease/treatment that might impact weight status (e.g., significant gastrointestinal conditions, major psychiatric disorders, and others at the discretion of the study clinician)
 - Unwillingness or inability to complete study visits or intervention components
 - Unwillingness or inability to commit to intervention components for self or infant, including plans to move more than 100-mile radius from recruitment site
- ... and 1 more (see full listing online)

Locations (4 total)

Stanford University, Palo Alto, California, United States
New York Presbyterian Queens, Flushing, New York, United States
Columbia University Medical Center, New York, New York, United States
... and 1 more locations

<https://clinicaltrials.gov/study/NCT06724172>

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