

# Conservative Treatment With Blood Flow Restriction in Patients With Total ACL Rupture. "Randomized Clinical Trial"

NCT06727344

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Status	RECRUITING
Phase	Not Applicable
Sponsor	European University Cyprus
Enrollment	20 participants

## Key Eligibility Criteria

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### Inclusion (1)

- MRI-confirmed complete rupture of ACL. Ability to communicate and read fluently in Greek and be willing to keep their leg immobilised for the required period based on the study protocol.

### Exclusion (1)

- Heart disease, overweight, diabetes, pregnancy, thrombophilia, atrial fibrillation, heart failure, cancer, use of drugs that may increase blood clotting, use of hormones or contraceptives, any reason for not using BFR e.g., an open wound or serious skin problems and/or allergies to the cuff material.

## Locations (2 total)

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European University Cyprus, Nicosia, Cyprus  
European University Cyprus, Nicosia, Cyprus