

# Comparison of the Effectiveness of Treadmill-Based Walking and Dual-Task Walking Training in Alzheimer's Disease

NCT06731049

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Istanbul University - Cerrahpasa
Enrollment	46 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Diagnosis of Alzheimer's disease according to the NINCDS-ADRDA criteria by a neurologist,
- In the early or middle stages of the disease according to the Clinical Dementia Rating Scale (CDR),
- Receiving medical treatment for Alzheimer's disease (e.g., cholinesterase inhibitors or memantine) for at least the past month,
- Able to walk at least 400 meters in the 6-Minute Walk Test, indicating functional mobility,
- Able to read and understand instructions given in Turkish.

### Exclusion (6)

- Having Lewy body dementia, frontotemporal dementia, or other types of dementia
- Participating in a structured exercise program within the 6 months prior to starting the study
- Having pulmonary, neurological, musculoskeletal, or rheumatological diseases that hinder walking
- Having an unstable medical condition (e.g., uncontrolled diabetes or hypertension, deep vein thrombosis, etc.)
- Having visual or auditory impairments that make communication difficult
- ... and 1 more (see full listing online)

## Locations (1 total)

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Ostanbul University-Cerrahpa\_a, Istanbul, Turkey (Türkiye)