

Osteoporotic fracture prevention System (OPTIONS) Research Study

NCT06731608

| | |
|------------|------------------------------|
| Status | RECRUITING |
| Phase | Not Applicable |
| Sponsor | Brigham and Women's Hospital |
| Enrollment | 1,344 participants |

Key Eligibility Criteria

Inclusion (4)

- Age ≥65 years old
- Community-dwelling at the time of fracture
- Admission to a participating SNF for rehabilitation following a lower limb fragility fracture, including pelvic fractures
- Expected discharge to the community (home or assisted living)

Exclusion (5)

- Not English or Spanish speaker
- Admission Brief Interview for Mental Status (BIMS) score 0-7
- SNF length of stay < 7 days
- Regular access to a working telephone or other communication device
- Receiving hospice or end-of-life care

Locations (2 total)

University of Maryland, Baltimore, Department of Epidemiology and Public Health, Division of Gerontology, Baltimore, Maryland, United States

Brigham and Women's Hospital, Boston, Massachusetts, United States