

Stronger Families Through Art Therapy: A Mixed Methods Programme Evaluation Study

NCT06732297

Status	RECRUITING
Phase	Not Applicable
Sponsor	Nanyang Technological University
Enrollment	96 participants

Key Eligibility Criteria

Inclusion (5)

- the caregiver (including parents, grandparents, family members or foster parents who perform the main caretaking responsibilities of the children taking part in SFAT) of a young child who can communicate in English and provide informed consent
- the child is aged 7-14 years and can communicate in English
- the family have one or more of the following identified challenges: (1) caregiver stress such as finances, household management, work and childcare arrangements, (2) caregiver struggles to find time for self-care and quality time with children, (3) caregiver has minimal understanding of the psychological and emotional needs of their children, (4) children face difficulties with emotional regulation and anger management
- caregivers and children are from low-income families who receive financial assistance under the CHAS Blue card, ComCare financial assistance, and/or the MOE Financial Assistance Scheme
- \- community staff who provides assistance to the implementation of the SFAT programme

Exclusion (2)

- individuals who are suffering from depression or other major mental health conditions that would render their participation highly disruptive to others in a group setting, and/or cannot provide informed consent. Families will also be excluded if they are currently unstable (i.e. circumstances related to abuse/neglect), and/or have high risk of suicidal and self-harm behaviours. In the cases that individuals referred to the programme are not eligible, the partner organisations will assess their needs and refer them to programmes based on these needs.
- participant is unable to provide informed consent

Locations (1 total)

The Red Pencil Singapore, Singapore, Singapore