

Brain-Gut Yoga for Functional Dyspepsia and Gastroparesis (FD-GP)

NCT06732453

Status	RECRUITING
Phase	Not Applicable
Sponsor	Wake Forest University Health Sciences
Enrollment	10 participants

Key Eligibility Criteria

Inclusion (3)

- years and older
- Functional Dyspepsia or Gastroparesis (FP or GP) diagnosed by a physician using standard criteria
- Signed, written consent

Exclusion (4)

- Co-morbid Gastrointestinal or related disorders documents in the medical record: celiac disease, inflammatory Bowel Disease(active), gastrointestinal obstruction (if current in the last 6 months), any GI surgery within the last 6 months), chronic pancreatitis or any pancreatic or biliary disease, cirrhosis or any chronic liver disease other than metabolic associated hepatic disease (MASH), any malignancy (except skin cancer already resected and surgically in remission)
- A positive screen for the following: current psychotic symptoms, elevated suicide risk, active eating disorder, cognitive impairment, current harmful alcohol or substance use
- Does not understand English
- Underwent a regular yoga or other mediative movement practice (tai chi or qi gong) in the past 6 month

Locations (1 total)

Atrium Health Gastroenterology and Hepatology Kenilworth, Charlotte, North Carolina, United States