

Comparative Effects of Eloda With/Without Muscle Energy Technique in Patient With Quadratus Lumborum Syndrome

NCT06732765

Status	RECRUITING
Phase	Not Applicable
Sponsor	Riphah International University
Enrollment	62 participants

Key Eligibility Criteria

Inclusion (5)

- Age group between 18 to 45 years
- Both gender male and female
- individuals with mechanical lower back pain
- active trigger point in the quadratus lumborum muscle
- No previous history of accidents

Exclusion (6)

- Acute muscular injuries
- localized or systemic infections
- lumbar disc herniation
- spinal abnormalities, any prior history of spinal
- anticoagulant use and bleeding disorders
- ... and 1 more (see full listing online)

Locations (1 total)

Muhammad Sulman, Sialkot, Punjab Province, Pakistan