

Investigating the Impact of the Seaweed Derived Food Additive, Carrageenan, on the Human Gut Microbiome

NCT06738329

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Reading
Enrollment	99 participants

Key Eligibility Criteria

Inclusion (1)

- Healthy individuals

Exclusion (4)

- Prescribed antibiotics in the last 3 months
- Individuals with any gut disorders such as IBS or IBD
- individuals with any food allergies or intolerances
- Individuals who regularly consume pre or probiotics

Locations (1 total)

University of Reading, Reading, Reading, United Kingdom