

Digital Secondary Prevention After Atherosclerotic Cardiovascular Disease

NCT06738381

Status	RECRUITING
Phase	Not Applicable
Sponsor	Vestre Viken Hospital Trust
Enrollment	300 participants

Key Eligibility Criteria

Inclusion (3)

- Aged ≥ 18 years and signed informed consent and expected cooperation according to ICH/GCP and national/local regulations
- Hospitalised with an planned or unplanned ASCVD event and/or established atherosclerosis
- Access to a smartphone or tablet

Exclusion (4)

- Any condition or situation, that in the investigator's opinion could put the subject at significant risk, confound the study results, interfere significantly with the subject participation in the study, or rendering informed consent unfeasible not limited to: cognitive impairment, seizure disorders, active suicidal intent or plans, substance or alcohol dependence, psychotic disease, major depressive disorders or bipolar disorders, receiving concurrent psychological treatments, and ongoing night shift work.
- Short life expectancy (< 12 months) due to end-organ (i.e COPD 4, CKD 4/5) or malignant diseases
- Clinically significant symptoms of anxiety and depression (HADS A and/or HADS-D score ≥ 8)
- Not being able to understand Norwegian.

Locations (1 total)

Vestre Viken Trust Drammen hospital, Drammen, Buskerud, Norway