

Developing and Testing a Trauma-Informed Exercise Intervention for Women Veterans With Histories of Sexual Violence

NCT06746740

Status	RECRUITING
Phase	Not Applicable
Sponsor	VA Office of Research and Development
Enrollment	40 participants

Key Eligibility Criteria

Inclusion (6)

- Veteran self-identifies as woman
- has a history of sexual violence at any point in their lifetime
- between the ages of 21 and 65
- currently does not meet physical activity level guidelines
- reports some functional difficulties that indicate some interference in daily life
- ... and 1 more (see full listing online)

Exclusion (15)

- does not identify a safe and private location for exercise participation
- severe drug or alcohol use disorder within the past year
- clinically significant:
 - neurological disorder
 - systemic illness affecting central nervous system function
- ... and 10 more (see full listing online)

Locations (1 total)

VA Boston Healthcare System Jamaica Plain Campus, Jamaica Plain, MA, Boston, Massachusetts, United States