

Effects of PNF Stretching vs Conventional Physical Therapy on the Symptoms of Restless Leg Syndrome in Elderly Population.

NCT06747741

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| Status | RECRUITING |
| Phase | Not Applicable |
| Sponsor | Foundation University Islamabad |
| Enrollment | 24 participants |

Key Eligibility Criteria

Inclusion (3)

- Age 60 and above.
- Male & Females both.
- must fulfill the diagnostic criteria of primary RLS.

Exclusion (1)

- A history or underlying disease that would contribute to the symptoms of RLS.

Locations (1 total)

Foundation University College of Physical Therapy, Islamabad, Pakistan