

Optic Nerve Injury in Obstructive Sleep Apnea Patients

NCT06748703

Status	RECRUITING
Phase	Not Applicable
Sponsor	Nanjing Medical University
Enrollment	80 participants

Key Eligibility Criteria

Inclusion (4)

- Patients aged between 18 and 80 years.
- Diagnosed with Obstructive Sleep Apnea Hypopnea Syndrome (OSAHS)(apnea-hypopnea index \geq 5/h).
- First-time diagnosis, with no previous surgical interventions or CPAP treatment for OSA.
- Ability and willingness to provide informed consent for participation in the study.

Exclusion (5)

- History of severe stroke or cerebral hemorrhage, or presence of neurological or psychiatric conditions that could affect study results.
- Presence of active malignancies or other severe underlying diseases, such as severe liver or kidney dysfunction. Diagnosed with diabetes or other significant vascular diseases.
- Presence of severe chronic obstructive pulmonary disease (COPD), severe asthma, severe pulmonary hypertension, or heart failure caused by any condition.
- Pregnancy or having other conditions that make participation in this study unsuitable.
- Extremely debilitated patients or those with severe underlying conditions.

Locations (1 total)

The First Affiliated Hospital of Nanjing Medical University, Nanjing, Jiangsu, China