

# Preoperative Fasting vs. Not Fasting in Critically Ill Patients

NCT06751043

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Massachusetts General Hospital
Enrollment	1,072 participants

## Key Eligibility Criteria

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### Inclusion (15)

- Age ≥ 18
- Current admission to ICU\*
- Secure airway\*\* with no plans for its removal prior to procedure
- Current non-trophic (> 10 mL/hr) tube (enteral) feeding\*\*\* with no plans to discontinue prior to procedure for reasons other than preoperative fasting
- Planned eligible procedure (Examples are listed in Appendix C) with anesthesia care or nursing sedation. Eligible procedures are defined as non-emergent diagnostic or therapeutic interventions that:  
... and 10 more (see full listing online)

### Exclusion (15)

- Inability to obtain informed consent
- Inability to enroll and randomize > 8 hours prior to planned procedure time
- Inability to deliver trial interventions
- Expected survival < 48 hours as determined by the enrolling physician-investigator
- Critically ill burn patient  
... and 10 more (see full listing online)

## Locations (19 total)

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Stanford Medical Center, Palo Alto, California, United States  
UCSF Medical Center Parnassus, San Francisco, California, United States  
University of Colorado Medical Center, Aurora, Colorado, United States  
... and 16 more locations

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<https://clinicaltrials.gov/study/NCT06751043>

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