

CORA-Q15: Continuous vs. Single-injection Interscalene Block on QoR-15 in Outpatient Rotator Cuff Surgery

NCT06754657

Status	RECRUITING
Phase	Phase 4
Sponsor	Pontificia Universidad Catolica de Chile
Enrollment	150 participants

Key Eligibility Criteria

Inclusion (3)

- Adults (≥18 years, < 75 years) scheduled for elective outpatient arthroscopic rotator cuff repair surgery.
- Patients capable of managing a continuous outpatient regional analgesia system based on an interscalene block (eligibility criteria: able to understand verbal and written instructions, have home support, and live geographically close to the healthcare center).
- Willing and able to provide informed, written consent to participate in the study.

Exclusion (4)

- History of chronic opioid use (>3 months).
- Severe comorbidities (e.g., renal or hepatic failure, ASA classification of 3 or higher).
- Allergy to local anesthetics, dexamethasone, or the analgesic drugs used in the study.
- Patients with contraindications for peripheral nerve block.

Locations (1 total)

Red de Salud UC Christus, Santiago, Chile