

# Pilot Testing a Novel Approach to Pediatric Obesity Treatment

NCT06755827

---

<b>Status</b>	RECRUITING
<b>Phase</b>	Phase 1, Phase 2
<b>Sponsor</b>	Texas Tech University
<b>Enrollment</b>	30 participants

## Key Eligibility Criteria

---

### Inclusion (5)

- Being English-proficient
- Ages 11-14
- At or above the 85th BMI percentile based on age and sex norms
- Having access to WIFI or cellular data to attend the telehealth groups
- Living in a home in Lubbock County (TX) or surrounding areas.

### Exclusion (2)

- Having a psychiatric or medical diagnosis that interferes with participation (e.g., significant developmental delay; pregnancy)
- Current enrollment in overweight/obesity treatment.

## Locations (1 total)

---

Texas Tech University, Lubbock, Texas, United States

---

<https://clinicaltrials.gov/study/NCT06755827>

DISCLAIMER: This document is for informational purposes only and does not constitute medical advice. Always consult your healthcare provider before enrolling in any clinical trial. Information may not be up to date — verify details at [ClinicalTrials.gov](https://clinicaltrials.gov). Generated by [ClinicalTrialsFinder.org](https://clinicaltrialsfinder.org).