

Effectiveness of Blood Flow Restriction in Postoperative Rehabilitation for Anterior Cruciate Ligament Injuries. A Pilot Study.

NCT06762392

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Valencia
Enrollment	40 participants

Key Eligibility Criteria

Inclusion (2)

- Patients aged between 18 and 45 years.
- Patients who have undergone anterior cruciate ligament (ACL) reconstruction surgery

Exclusion (5)

- Cardiovascular comorbidities
- Severe metabolic disorders or postoperative complications
- Previous joint disorders requiring surgery on the affected leg
- Pregnancy
- Coagulation disorders

Locations (1 total)

Faculty of Physiotherapy, Valencia, Valencia, Spain