

Behavioral Intervention for Youth to Promote Vaping Cessation

NCT06765291

Status	RECRUITING
Phase	Not Applicable
Sponsor	Massachusetts General Hospital
Enrollment	400 participants

Key Eligibility Criteria

Inclusion (7)

- Age 14-18 inclusive
 - Self-report of at least weekly nicotine vaping (or use of other non combusted nicotine products, "vaping") for the prior e3 months
 - Self-report of no regular combusted tobacco use (i.e., 5 or more days of smoke smoked tobacco use per week) prior to enrollment and exhaled CO <10 ppm for those with an in person baseline visit
 - Report willingness to try to quit or reduce vaping in the next 30 days
 - Able to understand study procedures and read and write in English or Spanish
- ... and 2 more (see full listing online)

Exclusion (4)

- Use of a smoking cessation medication in the prior month (nicotine patch, gum, nasal spray, or inhaler, varenicline, bupropion)
- Unwilling to abstain during the study from using smoking cessation aids other than those provided by the study
- Unwilling to provide saliva or urine samples
- Any condition or situation that would, in the investigator's opinion, make it unlikely that the participant could adhere safely to the study protocol

Locations (1 total)

Massachusetts General Hospital, Center for Addiction Medicine, 101 Merrimac Street, Suite 320, Boston, MA 02114, Boston, Massachusetts, United States