

New Mechanisms of Obesity

NCT06768827

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| Status | RECRUITING |
| Phase | Not Applicable |
| Sponsor | Yale University |
| Enrollment | 55 participants |

Key Eligibility Criteria

Inclusion (3)

- Age 15 to 22 years
- In puberty (girls and boys: Tanner stage III-V);
- BMI \geq 85th

Exclusion (5)

- Pregnancy;
- endocrinopathies (e.g., Cushing syndrome);
- substance abuse;
- medications affecting insulin resistance such as metformin, GLP-1 analogues; -
- high fibers intake ($>$ 30g/day) as assessed by a 3-day food record.

Locations (1 total)

Yale University, New Haven, Connecticut, United States