

# Upper Airway Inflammation and Olfaction: Mechanisms of Loss and Recovery

NCT06776042

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Cliniques universitaires Saint-Luc- Université Catholique de Louvain
Enrollment	140 participants

## Key Eligibility Criteria

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### Inclusion (5)

- At least two of the following symptoms: nasal obstruction, rhinorrhoea, smell loss, facial pain for 12 weeks.
- Endoscopic visualisation of bilateral sinonasal polyps
- SSI (TDI)  $\leq$  30.75 and decreased sense of smell subjectively
- Eosinophilia  $\geq$  300/ $\mu$ l of blood Ku/l
- On a stable nasal steroid treatment for at least 4 weeks

### Exclusion (7)

- Active smoking
- Primary and secondary immune deficiencies
- Ciliary diseases (cystic fibrosis, primary ciliary dyskinesia)
- History of or current nasal malignancies
- $\leq$  18 years and  $\geq$  70 years
- ... and 2 more (see full listing online)

## Locations (1 total)

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Cliniques Universitaires Saint-Luc, Brussels, Belgium