

# Intradermal Acupuncture and Self-rehabilitation Program in Patients With Severe Bell's Palsy

NCT06778473

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Zhangjiagang First People's Hospital
Enrollment	552 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Patients diagnosed with Bell's palsy according to "Clinical Practice Guideline: Bell's Palsy" published by AAO-HNS in 2013;
- First onset of Bell's palsy with only one side affected;
- On the 10th day after the onset of palsy, HBGS score ranging from grade IV to VI;
- According to the latest Chinese Guidelines for Bell's Palsy, within 72 hours of symptom onset for Bell's Palsy, oroling prednisolone 30mg qd for 5 days, followed by tapering to zero in decrements of 5 mg per day;
- Adults aged 18 years of age or older (no limitation on gender).

### Exclusion (6)

- Facial paralysis caused by acoustic neuroma, otitis media, mastoiditis, mumps, Hunter's syndrome, cranial base meningitis, intracranial metastasis of cancer or multiple sclerosis;
  - Fear of intradermal acupuncture;
  - allergy to adhesive tape;
  - Severe allergic diseases, significant skin lesions, tumors, and severe or unstable internal diseases involving the cardiovascular, respiratory, endocrine, digestive, or hematological system;
  - Cognitive impairment, mental illness, contagious disease, pregnant and lactating;
- ... and 1 more (see full listing online)

## Locations (1 total)

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Zhangjiagang First People's Hospital, Suzhou, Jiangsu, China