

Activating SilverSneakers Benefits for Seniors With Osteoarthritis

NCT06782347

Status	RECRUITING
Phase	Not Applicable
Sponsor	Milton S. Hershey Medical Center
Enrollment	1,454 participants

Key Eligibility Criteria

Inclusion (7)

- Aged 65 and older.
- ICD-9 or ICD-10 code for hip, knee, or general osteoarthritis.
- Positive response to a standardized question from the Medical Expenditure Panel Survey that asks if patient was diagnosed with osteoarthritis/arthritis and self-report confirmation of hip and/or knee pain due to their osteoarthritis/arthritis.
- Continuous enrollment for at least one year in a Humana Medicare Advantage plan which provides free SilverSneakers access and both medical and prescription drug coverage.
- Not currently or previously enrolled in SilverSneakers.

... and 2 more (see full listing online)

Exclusion (5)

- Another person in the same household is enrolling/enrolled in the study (to prevent treatment contamination, only one participant per household can participate).
- Medicare/Medicaid dual enrollment due to limited data accessibility for this group.
- Receiving hospice care or under long-term institutional care (Part C) due to limited data accessibility for this group.
- Receiving care from a provider credentialed through a delegated arrangement (i.e., delegated provider), due to limited data accessibility for this group.
- Lack of a valid mailing address in the Humana medical claims databases.

Locations (1 total)

Penn State College of Medicine, Hershey, Pennsylvania, United States