

Characterization, Treatment, and Long-term Follow-up of Fatigued Patients in Primary Care

NCT06786832

Status	RECRUITING
Phase	Not Applicable
Sponsor	Karolinska Institutet
Enrollment	190 participants

Key Eligibility Criteria

Inclusion (8)

- age 18-67
- enrollment at a primary care clinic in Region Stockholm
- severe, functionally disabling fatigue as a central symptom for at least 3 months
- The fatigue has an identifiable start and hence has not been life-long;
- The fatigue is not a direct effect of an active disease process motivating another treatment (e.g., hypo-/hyperthyroidism, anemia, cancer, dementia) or the effect of medication
- ... and 3 more (see full listing online)

Exclusion (13)

- substance abuse disorder in the past 6 months
- Current or past psychosis or bipolar disorder
- Primary psychiatric disorder of such severity that it merits evidence-based treatment (e.g., obsessive compulsive disorder, moderate to severe depression, post-traumatic stress disorder, anorexia nervosa)
- elevated risk for suicide
- deliberate self harm in the past 6-months (e.g., cutting, burning, poisoning);
- ... and 8 more (see full listing online)

Locations (1 total)

Gustavsberg University Primary Care Clinic, Stockholm, Gustavsberg, Sweden